

Meet an Advanced Practice Nurse!



Liz Franco (they/them/theirs)

Credentials: DNP. NP-C

Languages Spoken: English

How and where did your career in healthcare get started?

I've wanted to work in healthcare since I was around four years old and first started volunteering at a children's hospital when I was 15. In 2010, I got my first job as an RN in Tulsa working in a community women's health center.

What skills or traits are needed to excel in your position?

Curiosity. The amount of information that exists about health and the human body is too vast for any one person. Being clinically curious means that, you seek out knowledge through collaboration with coworkers, research in books or online, and learning from my patients when I don't know the answer. I also find it important to enjoy interacting and working with different kinds of people.

What part of your work do you find most rewarding?

I really enjoy connecting with patients, like when someone comes in who's nervous or hasn't had great experiences with healthcare providers in the past due to their gender, ethnicity, sexual orientation, immigration status, or other barriers. I want to allow them to feel empowered during our visit and in control of their health.

What made you choose to work at PrimeCare Health?

I was excited about working with teens and adolescents at a school-based health center! I used to coach swimming with teenagers and I helped run the Broadway Youth Center (BYC) at Howard Brown. At the BYC, the majority of young people were street-based, homeless, and/or had little to no contact with their family. The age group for that program was slightly older than the students we see at Hamlin, but both experiences helped prepare me and get me excited for my role just the same.

Is there any media (music, TV, etc.) that you really enjoy?

Alaska Daily on Hulu is really good! It's about a journalist who was working in New York who gets fired and ends up in Alaska working on a case about murdered indigenous women.

What brings you joy?

Some of the things that bring me joy are spending time with my family (I have a six month old daughter), traveling, or being near water.